

Re-Write Your Hero's Story: Learn the 5 Easy Stages How Radical Forgiveness Can Set You Free!



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RE-WRITE YOUR HERO'S STORY AND FIND YOUR FREEDOM:

LEARN THE 5 EASY STAGES HOW RADICAL FORGIVENESS CAN SET YOU FREE!

What if you are the **hero** of your own story and you just don't see it yet?

The story where you were wronged, hurt, or taken advantage of,
the story you have tried to let go but it keeps coming up in different ways throughout your life,
the story you have repressed, suppressed, and maybe even denied,
the story that is keeping you stuck, safe and small,
the story you are sick of re-living and want to change!

I have a solution for you!

Radical Forgiveness

It's simple, easy and always works....as long as you are **open** to being **willing** to accept the new story as a **possibility**. That's it! No need to confront the perpetrator(s) in person.

Yes, you read that right!

No belief necessary, only a small amount of willingness.

Most people feel instantly lighter, calmer, more peace and have the overwhelming feeling that they will be OK.

Stuck energy and pent up emotions are dissolved and a positive outlook on the situation can be found, or at least put to rest.

You can be the HERO of your new story and stop dragging around that old story that doesn't serve you!

Sounds amazing doesn't it!?



Here's what a couple of clients have to say about their Radical Forgiveness journey:

"I have lived most of my life not showing my feelings because that is how I was brought up. When I met Lorree I immediately liked her and felt very comfortable with her. I really felt that I could trust her with my deepest thoughts. I knew that I was meant to meet her that day for a very special reason."

"In working with Lorree on Radical Forgiveness I was amazed at how I was able to let my emotions come to the surface and not be afraid of them. I felt totally safe with Lorree guiding me through a very deep seated emotion which I was able to release! I felt so free! In the weeks following I found myself feeling happy and hopeful with a lot of energy that I haven't felt in years! I have found that I am walking taller with confidence and looking forward to the future."

"Thank you Lorree for your amazing work, your unconditional love, and your passion to help people heal their hearts once and for all!"

~ Darlene R.

"I attended Lorree's Magic of Radical Forgiveness Workshop and it was an emotional but freeing experience. It's not easy to let go of things that happened to you in the past but with Lorree's help I feel positively empowered and I am able to start fresh with a new mindset. For anyone who feels stuck you have to attend one of Lorree's events or do some one on one coaching with her. You will be so happy you did!"

~Laura Watts - Double Take Organizing

Below are some typical issues **Radical Forgiveness** and **Radical Self-Forgiveness** will help you solve when you re-write your story with **you** as the hero, the creator of your life, where **you** have reclaimed your power!



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Which chapter in your life are you not the hero of your story?

Do you find yourself harbouring anger and resentment towards those who have hurt you?

How is this impacting your relationships?

Do you find yourself consumed with feelings of guilt, shame, self-doubt or worry that you just can't seem to shake? How is this impacting your life on a day-to-day basis?

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Do you find yourself unable to achieve the level of success that you crave or you are just not hitting your income goals? Do you tend to subconsciously sabotage yourself when things get too good?
How would this impact your level of success?

Based on what you wrote above, if you were able to re-write your story what would your life be like?

Another client experience when she re-wrote her hero story!

Working with Lorree has changed my life for the better. I have so much more peace now...and I have the tools to work with if any issues arise. I have no doubt that Lorree's own personal experience is what makes her so caring and compassionate. She is living her purpose!

~ Glenna C.



Below you will find the 5 stages of **Radical Forgiveness** as created by Colin Tipping©.

What I find most of the time is people bounce around between these stages and they have trouble seeing exactly where they are. They know something needs to change but they just don't know how to change it!

Radical Forgiveness is an easy way to unlock that stuck energy so you can move on to the next chapter in your life and re-write your story where **you** are the hero!

In completing this workbook you just touched on Stages 1 & 2, where you are starting to get clear and own what's going on and you may be feeling some of the feelings.

This is awesome!

You are on your way, and this is where most people usually stop and they keep cycling back to their old patterns because it **does take courage to be a hero** and it takes courage to practice **Radical Forgiveness**.

It really is easier than you may think and once you are on your hero's journey your life is going to change in radical ways!

I'd love to help you move through the stages with more ease and I invite you to schedule your free Radical Living call with me today. We can discuss where you are in the stages and what you can do next to find your freedom in your hero's journey!

>>>[CLICK HERE TO SCHEDULE YOUR FREE CALL](#)<<<

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5 STAGES OF RADICAL FORGIVENESS

Colin Tipping ©

#2 Feeling the Feelings

Don't hold back!

This is a vital step that can't be left out! We can't avoid 'negative' feelings. (denial) It is only when we give ourselves permission to access our pain that our healing begins. As humans we are suppose to feel fully! Authentic power resides in our capacity to feel our feelings.

#4 Reframing the Story

Shift Perception

We allow ourselves to be willing to see this was what our Higher self wanted us to experience and it was essential for our growth. In that sense it was perfect. We give up the need to figure it out and surrender to the idea there was a gift contained in the situation whether we know it or not. This is also the step of transformation.

Telling the Story #1

Own it!

Someone willingly and compassionately listens to us tell our story and honours it as being our truth in the moment. Tell it as if you are the victim and confront the perpetrator! Start at the beginning of the story to feel some of the pain that caused the energy block in the first place.

Collapsing the Story #3

Facts vs Interpretations

We look at how our story began and how our interpretations of events led to certain (false) beliefs forming in our minds determining how we have lived our lives. When we come to see these stories are mostly untrue we are empowered to make the choice to stop giving them our energy and we take back our power!

Integration #5

At a cellular level

We integrate the new story by reading it out loud, performing a ritual, listening to music etc. This is how it becomes permanent.